





PROGRAMME EVENTS & ENTERTAINMENT FEBRUARY - MARCH 2025

Champéry · Champoussin · Les Crosets · Morgins · Troistorrents · Val-d'Illiez

«ACCESSIBLE TOURISM»

In partnership with Access4all, Region Dents du Midi offers activities adapted to individuals of all abilities. More information at +41 (0)24 479 05 50 or event@rddm.ch

ORIENTEERING REGION DENTS DU MIDI





FIXCONTROL





ALPES'HUSKIES ACTIVITIES

This winter, embark on an unforgettable experience with our beautiful huskies: visit the kennel, set off on a husky trek followed up by a delicious fondue, or try your hand at mushing for a thrilling adventure straight out of the Far North!

Champéry & Morgins

More information, prices, & reservations at huskies.agenda.ch

Join us!

Auxiliaries & Volunteers · event@rddm.ch



- Prices are indicated in CHF.
- This programme may be subject to change. For up-to-date information, go to regiondentsdumidi.ch.

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7 Snowshoe Ramble Tracking Wildlife

f Entertainment - Région Dents du Midi

f Bénévoles - Région Dents du Midi







Save the date 22.02

Intro to speed skiing with Jonathan Moret

Free with obligatory lift pass

All winter depending on snow conditions **Rochasses** top station

FUN DAY WITH LAURENT DE MARTIN*

Laurent De Martin has made his passion his profession. A well-known free skier, and ambassador for Region Dents du Midi. Laurent has a gift for sharing his experience and love of the sport with the young freestylers who dream of following in his footsteps. This coaching day is a once-ina-lifetime chance for young riders to learn new tricks and improve their style with a pro!

Crosets 8 chairlift departure station · 10h00 > 16h00

Single price (12+ yrs): 45.- (coaching & lunch)

PDS-CH season or day lift pass required

EN PISTES AVEC LE NOUVELLISTE

The Nouvelliste news service is bringing the fun to Les Crosets with winter sports games, a DJ, and complimentary aperitif! Try your luck at contests and a raffle to win awesome prizes, including 40 bottles of wine or a Portes du Soleil season pass for winter 2025-2026.

Caveau des Crosets - 11h00 > 14h30

Free (refreshments available for purchase on site)

FABULOUS FORESTS*

The majestic fir tree, icon of the alpine forest, provides a wealth of ingredients for tasty natural recipes and oldfashioned remedies. This workshop will cover everything, from identifying, picking, tasting, and making wonderful products to take home.

Place du 6 août Morgins · 13h30 › 16h30

Adult: 50.-

Child (8-15 yrs must be accompanied by an adult): 20.-

SKATING & TUNES

Get your groove on at the coolest dance floor in town! Join us for a sparkling, spectacular ice disco party, where guests of all ages can boogie with their besties!

Palladium Champéry · 15h00 › 18h00

Adult: 7.- I Child: 5.-Skate rental: 5 -

MEET & GREET WITH SNOWLI

Meet up with everyone's favourite rabbit for hot drinks, chocolate treats, and a chance to win a lesson with the Swiss Ski School,

Morgins village square · 17h00 > 18h00

Free

ICF DISCO

Get your groove on at the coolest dance floor in town! Join us for a sparkling, spectacular ice disco party, where guests of all ages can boogie with their besties!

Morgins sports centre · 17h00 > 20h00

Entry: 3.- | Entry + skate rental : 5.-

VERNISSAGE «FUR AND FEATHERS» ANNE DUSSAUX

Anne Dussaux, a lifelong nature enthusiast, explores the connection between humans and animals through her oil paintings. She brings alpine wildlife, birds, rodents, and African animals to life on canvas, wood, and slate.

Raiffeisen Gallery Champéry · 18h00

16 SUNDAY

SNOWSHOES. SNOW YOGA & BRUNCH*

A ray of sunshine, snowflakes drifting in the frosty air... An alpine winter yoga session is an immersion in peace and serenity, and a good way to work up an appetite for a delicious brunch!

Val-d'Illiez village square · 08h00 › 12h45

Single price (12-14 yrs must be accompanied by an adult): 50.-Easy snowshoe hike, but a basic level of fitness is recommended.

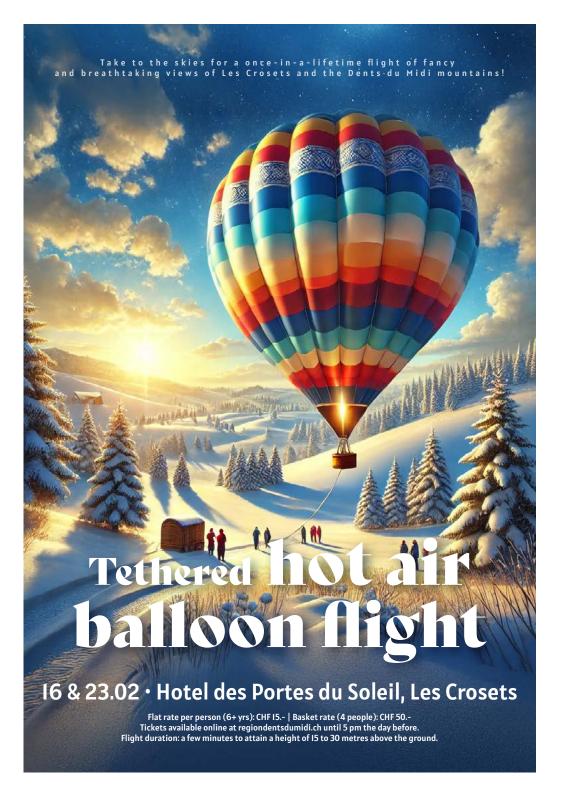
TETHERED HOT AIR BALLOON FLIGHT*

It's a bird, it's a plane—it's YOU! Safely nestled in the basket of a tethered hot air balloon, you'll float 15 to 30 metres above the ground for breathtaking views of Les Crosets and the maiestic Dents du Midi.

Hotel des Portes du Soleil Les Crosets · 10h30 > 12h00

Single price (6+ yrs): 15.-

Basket price (4 people): 50.-



17 MONDAY

LIFE ON A FARM*

Help milk the cows and feed the calves, scatter feed for the chickens and participate in the daily tasks of running a local farm. When you're done, you'll sit down to a well-earned, delicious homemade snack.

La Rochette Farm Champéry · 16h30 › 18h00

Single price (4-15 yrs must be accompanied by an adult): 10.-Free for children under 4

18 TUESDAY

LIFE ON A FARM*

Help milk the cows and feed the calves, scatter feed for the chickens and participate in the daily tasks of running a local farm. When you're done, you'll sit down to a well-earned, delicious homemade snack.

La Rochette Farm Champéry · 16h30 › 18h00

Single price (4-15 yrs must be accompanied by an adult): 10.-Free for children under 4

STORYTELLING TALL TALES & MOUNTAINS*

This storytelling evening recalls the firelit evenings of yesteryear, when tall tales told by flickering candlelight helped pass the long winter nights. A small snack will keep you from feeling peckish.

Bottom of the Champeys drag lift Champoussin 17h00 > 18h30

Free (with registration)

CHALLENGE YOUR SKI INSTRUCTOR!

Face off against your favourite Swiss Ski School instructors in a parallel slalom under the stars. This convivial race has no timing so it's all about fun without the stress of competition! We'll provide some snacks and hot drinks to stave off the nighttime chill.

Géant ski slope Morgins · 17h30 › 19h00

Free (open to all-comers)

19 WEDNESDAY

SNOWSHOE RAMBLE TRACKING WILDLIFE*

How does a hare, a squirrel, or a roe deer spend the winter? You'll learn to spot and interpret the signs of animal activity and enjoy a tasty surprise along the way!

In front of the Le Virage Restaurant Champoussin 14h00 > 16h30

Adult: 30.-

Child (8-15yrs must be accompanied by an adult): 20.-

PHOTOGRAPHY WORKSHOP*

It would be hard to find a more photogenic spot to learn the tricks of the trade of landscape photography. In this workshop, we will see just how different the same landscape can look in different light.

Morgins tourist office \cdot 16h00 \cdot 19h00

Single price (16+ yrs): 30.-

LIFF ON A FARM*

Help milk the cows and feed the calves, scatter feed for the chickens and participate in the daily tasks of running a local farm. When you're done, you'll sit down to a well-earned, delicious homemade snack

La Rochette Farm Champéry · 16h30 > 18h00

Single price (4-15 yrs must be accompanied by an adult): 10.-Free for children under 4

20 THURSDAY

A MORNING WITH THE PONIES*

Young horse lovers will jump at the chance to spend the morning exploring nature and getting to know some new, furry friends.

Ranch Morgins · 10h00 > 11h00

Child (6-12 yrs must be accompanied by an adult): 35.-Free for accompanying adults

LITTLE TRAPPERS & IGLOO BUILDING*

Young explorers will strap on their snowshoes for a winter adventure in search of wild animal tracks. On the way, they'll learn to build an igloo and make a campfire.

Bottom of the Champeys drag lift Champoussin 13h30 > 16h30

Single price (6-12 yrs): 15.- (free for accompanying adults)



20 THURSDAY

CHILDREN'S WORKSHOP CHOCOLATE SOAP & LIP BALM*

In this playful, hands-on workshop, kids will discover the magic of natural ingredients while letting their creativity shine! Following a simple recipe, they'll create their own snowflake-shaped soap and a deliciously scented cocoa lip balm to take home.

Val-d'Illiez fire station · 15h00 › 16h30

Single price (7-14 yrs): 15.-

LIFE ON A FARM*

Help milk the cows and feed the calves, scatter feed for the chickens and participate in the daily tasks of running a local farm. When you're done, you'll sit down to a well-earned, delicious homemade snack.

La Rochette Farm Champéry · 16h30 › 18h00

Single price (4-15 yrs must be accompanied by an adult): 10.-Free for children under 4

DISCO KIDS

Adults aren't the only ones who like to après! From groovy music to non-alcoholic drinks, this kid-friendly disco party gives the next generation a chance to boogie with their besties.

La Crevasse Champéry · 17h30 › 19h00

Free (4+ yrs)

SAF Club Morgins · 17h30 > 19h30 Single price with a drink (4+ vrs): 5.-

CHALLENGE M3S

Join the M3S Morgins ski and snowboard school for a nighttime slalom and LED torchlight descent on the Géant ski slope. Hot wine and hot apple juice provided by the ski school will keep the chill away!

Morgins sports centre · 18h00 › 21h00

Free

Registration for the race & torchlight descent (places limited) at info@m3s.ch

21 FRIDAY

LIFF ON A FARM*

Help milk the cows and feed the calves, scatter feed for the chickens and participate in the daily tasks of running a local farm. When you're done, you'll sit down to a well-earned, delicious homemade snack.

La Rochette Farm Champéry · 16h30 › 18h00

Single price (4-15 yrs must be accompanied by an adult): 10.-Free for children under 4

FIRESIDE MAGIC

Gather around a crackling campfire for an enchanting evening filled with laughter, stories, and shared moments. Sip a delicious hot wine, soak in the warm atmosphere, and connect with fellow adventurers under a starry sky.

Hotel The Télécabine Les Crosets · 17h00 > 18h00

Free (refreshments available for purchase on site)

More information at ops@campsuisse.com

NIGHTTIME RANDO CHALLENGE

Calling all ski touring mountain lovers who prefer their nightlife in the great outdoors! Tonight, we'll ski up the magnificent La Foilleuse route in the Morgins Rando Parc. Scan the QR codes to win some great prizes!

Rando Parc Morgins | Restaurant La Foilleuse 17h00 > 21h30

Free (depending on snow conditions)

ENCHANTING NIGHTTIME RAMBLE*

Venture into a magical night on a lantern-lit stroll through a wintry fairyland. Before you head home, our cheeky gnome friends will provide you with a delicious snack to send you on your way.

In front of the Antre d'Eux Champoussin · walk starts at 18h00

Adult (16+ yrs): 20.- Child (5-15 yrs): 15.- Free for children under 5

ICE SKATING GALA

The young athletes from the Lausanne, Martigny, and Villars figure skating clubs are proud to present a gala on ice, combining ice dancing and acrobatic skating!

Morgins sports centre · from 18h00

Free (refreshments available for purchase on site)

ROMANDE



Genedis



22 SATURDAY

THE WALL DOUBLE DARE

Grab your favourite ski buddy for a fun, multi-disciplinary competition on the legendary Swiss Wall ski slope, known for being one of the steepest and most challenging in the world.

Chavanette slope in the Champéry-Les Crosets ski area

Mogul Ski Team: CHF 60.- (per duo) Ski Mountaineering Team: CHF 30.- (per duo) Kids' Ski Mountaineering Team: CHF 10.- (per duo)

Sign up for the race at skiclubchampery.ch Free for spectators (lift pass required for access)

INTRO TO SPEED SKIING WITH JONATHAN MORET

Faster than a speeding bullet! Jonathan Moret, Switzerland's champion speed skier, was clocked at over 250 km/h during a 2023 competition. In this workshop, he will provide you with a few speed skiing tips, and you'll have a shot at winning fabulous Rivella prizes!

Rivella Fun Zone Champoussin · 11h00 > 15h00

Free

Valid lift pass required

FABULOUS FORESTS*

The majestic fir tree, icon of the alpine forest, provides a wealth of ingredients for tasty natural recipes and old-fashioned remedies. This workshop will cover everything, from identifying, picking, tasting, and making wonderful products to take home.

Place du 6 août Morgins · 13h30 › 16h30

Adult: 50.-

Child (8-15 yrs must be accompanied by an adult): 20.-

SKATING & TUNES

Get your groove on at the coolest dance floor in town! Join us for a sparkling, spectacular ice disco party, where guests of all ages can boogie with their besties!

Palladium Champéry · 15h00 > 18h00

Adult: 7.- | Child: 5.-Skate rental: 5.-

THEATRE | THE SNACK BOX

When Nuria's snack box is stolen by a mischievous gang of ants, she sets off on an adventurous quest to find it. Along the way, she meets Odette the spider, and her journey leads her to see the world—and all its tiny, creepy, crawly creatures—in a whole new light. This heartwarming, humorous show invites us to reflect on humanity's growing disconnect from nature and the insect world

Champéry Parish & cultural centre · 16h00 > 16h50

Adult: 25.-

Student, apprentice, children under 16: 15.-

More information at cultureontour.ch

MEET & GREET WITH SNOWLI

Meet up with everyone's favourite rabbit for hot drinks, chocolate treats, and a chance to win a lesson with the Swiss Ski School.

Morgins village square · 17h00 > 18h00

Free

ICE DISCO

Get your groove on at the coolest dance floor in town! Join us for a sparkling, spectacular ice disco party, where guests of all ages can boogie with their besties!

Morgins sports centre · 17h00 > 20h00

Entry: 3.- | Entry + skate rental : 5.-

23 SUNDAY

SNOW YOGA & BRUNCH*

A ray of sunshine, snowflakes drifting in the frosty air... An alpine winter yoga session is an immersion in peace and serenity, and a good way to work up an appetite for a delicious brunch!

Champéry tourist office · 10h00 > 12h45

Single price (12-14 vrs must be accompanied by an adult): 50.-

TETHERED HOT AIR BALLOON FLIGHT*

It's a bird, it's a plane—it's YOU! Safely nestled in the basket of a tethered hot air balloon, you'll float 15 to 30 metres above the ground for breathtaking views of Les Crosets and the majestic Dents du Midi.

Hotel des Portes du Soleil Les Crosets · 16h30 › 18h00

Single price (6+ yrs): 15.-Basket price (4 people): 50.-

24 MONDAY

CHILDREN'S THEATRE | SMASH HIT!

Lucien has traveled all over the world, but now he finally feels ready to settle down and build his very own house. Of course, he doesn't want just any house—he's decided to build himself a cardboard house! Lucien soon learns that DIY jobs are harder than they look—especially when you're all thumbs and the cardboard has a mind of its own! This heartwarming show is a delightful blend of poetry and humour, sure to captivate audiences of all ages.

Salle de la Jeur Morgins \cdot 16h30 \cdot 17h15

Child (3-12 yrs must be accompanied by an adult): 10.-online until 15h30 l 15.- at the door

Free for accompanying adults and children under 3.

LIFE ON A FARM*

Help milk the cows and feed the calves, scatter feed for the chickens and participate in the daily tasks of running a local farm. When you're done, you'll sit down to a well-earned, delicious homemade snack.

La Rochette Farm Champéry · 16h30 › 18h00

Single price (4-15 yrs must be accompanied by an adult): 10.-Free for children under 4

25 TUESDAY

SKI TOURING I COL DE COU*

Today's ski touring outing will take you to the famous Col de Cou pass, one of Region Dents du Midi's most emblematic sites. On the way, your guide will teach you some tips and tricks for good ski touring technique.

Champéry tourist office · 09h00 > 16h00

Single price (14 vrs): 80.-

CERAMIC WORKSHOP*

Explore and expand your creativity with this meditative and enriching pottery throwing workshop.

Aya Yoga Expérience Morgins · 13h00 › 16h00

Adult: 40.

Child (8-15 yrs must be accompanied by an adult): 20.-

LIFE ON A FARM*

Help milk the cows and feed the calves, scatter feed for the chickens and participate in the daily tasks of running a local farm. When you're done, you'll sit down to a well-earned, delicious homemade snack.

La Rochette Farm Champéry · 16h30 › 18h00

Single price (4-15 yrs must be accompanied by an adult): 10.-Free for children under 4

CHALLENGE YOUR SKI INSTRUCTOR!

Face off against your favourite Swiss Ski School instructors in a parallel slalom under the stars. This convivial race has no timing so it's all about fun without the stress of competition! We'll provide some snacks and hot drinks to stave off the nighttime chill.

Géant ski slope Morgins · 17h30 › 19h00

Free (open to all-comers)



26 WEDNESDAY

INGENIOUS IGLOOS*

In this workshop, little adventurers will learn an important skill from the Far North! Your guide will teach you how to build an igloo, just like young Inuits once did, to withstand even the harshest of polar conditions.

In front of the Les Crosets chapel \cdot 13h30 > 15h30

Child (6-12 yrs): 12.- (free for accompanying adults)

LIFE ON A FARM*

Help milk the cows and feed the calves, scatter feed for the chickens and participate in the daily tasks of running a local farm. When you're done, you'll sit down to a well-earned, delicious homemade snack.

La Rochette Farm Champéry · 16h30 › 18h00

Single price (4-15 yrs must be accompanied by an adult): 10-Free for children under 4

WINTER OLYMPIADS

Challenge your friends and family to some of the classic Olympic events on ice — with a twist! You won't know till you get here just which events you'll be participating in . . .

Morgins sports centre · 17h00 › 19h00

Entry: 3.- | Entry + skate rental: 5.-

27 THURSDAY

SNOWSHOE HIKE I LA POINTE DE L'AU*

Strap on your snowshoes and follow your guide along the spectacular snowy ridge from the summit of the Foilleuse to the Pointe de l'Au! En route, you'll enjoy breathtaking views of the Dents du Midi, the Vaud Alps, and the neighboring French Alps.

In front of the Morgins gondola · 09h45 › ~13h00

Adult (16 yrs): 30.-

Child (12-15 yrs must be accompanied by an adult): 15.-

Gondola round-trip not included in the price.

A MORNING WITH THE PONIES*

Young horse lovers will jump at the chance to spend the morning exploring nature and getting to know some new, furry friends.

Ranch Morgins · 10h00 > 11h00

Child (6-12 yrs must be accompanied by an adult): 35.-Free for accompanying adults

LIFE ON A FARM*

Lend a hand on a farm and enjoy a delicious homemade snack.

La Rochette Farm Champéry · 16h30 › 18h00

Single price (4-15 yrs must be accompanied by an adult): 10.-Free for children under 4

DISCO KIDS

This kid-friendly disco party gives the next generation a chance to boogie with their besties.

La Crevasse Champéry · 17h30 › 19h00 Free (4+ yrs)

SAF Club Morgins · 17h30 > 19h30 Single price with a drink (4+ yrs): 5.-

KARAOKÉ WITH KELLY KEL VOIX

Join Kelly from KelVoix for a greatest-hits sing-along!

L'Antre d'Eux Champoussin · from 18h30

Free (refreshments available for purchase on site)

More information at lantredeux.ch



INTRO TO SNOWSHOEING I GRAND PARADIS*

Skirt a wintry forest and follow a meandering river on a magnificent snowshoe hike to Grand Paradis. Along the way, our expert guide will teach you to navigate the snowy terrain and show you how to enjoy and protect the stunning natural environment around you.

In front of the Grand Paradis lift ticket office Champéry 14h00 > 16h00

Adult (16 yrs): 20.-Child (10-15 yrs must be accompanied by an adult): 15.-Easy 3km hike

LIFE ON A FARM*

Help milk the cows and feed the calves, scatter feed for the chickens and participate in the daily tasks of running a local farm. When you're done, you'll sit down to a well-earned, delicious homemade snack.

La Rochette Farm Champéry · 16h30 > 18h00

Single price (4-15 yrs must be accompanied by an adult): 10.-Free for children under 4

FIRESIDE MAGIC

Gather around a crackling campfire for an enchanting evening filled with laughter, stories, and shared moments. Sip a delicious hot wine, soak in the warm atmosphere, and connect with fellow adventurers under a starry sky.

Hotel The Télécabine Les Crosets · 17h00 › 18h00

Free (refreshments available for purchase on site)

More information at ops@campsuisse.com

NIGHTTIME RANDO CHALLENGE

Calling all ski touring mountain lovers who prefer their nightlife in the great outdoors! Tonight, we'll ski up the magnificent La Foilleuse route in the Morgins Rando Parc. Scan the QR codes to win some great prizes!

Rando Parc Morgins I Restaurant La Foilleuse 17h00 > 21h30

Free (depending on snow conditions)

CARNABOUM

Blow off the February doldrums with this one-of-a-kind, madcap festival, bursting with energy and plenty of good vibes! Each day, a new Grandeur-themed twist keeps the festivities fresh and exciting.

Multipurpose hall Val-d'Illiez · from 21h00

Free (refreshments available for purchase on site) More information at carnaboum.ch

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MORGINS 02.03.25 - 08.03.25

MON



02 MARCH

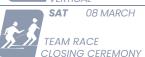
06 MARCH



TUE 04 MARCH

MIXED RELAY

VERTICAL





SPRINT





03 MARCH

07 MARCH





swiss olympic











02-08.03 · SKI MOUNTAINEERING WORLD CHAMPIONSHIPS

From March 2nd to 8th, 2025, Region Dents du Midi will host the Ski Mountaineering World Championships in Morgins, reconnecting with our past successes, including the 2008 World Championships and the World Cup events held in 2022 and 2023. The world's best ski mountaineers will go head-to-head in various events over the course of a week, all vying for the coveted world title. The Women's Sprint, Men's Sprint, and Mixed Relay events in these World Championships will also serve as qualifying races for the 2026 Winter Olympic Games.

Sunday 02

> 16h00 > 20h00 · Village square, Morgins

Monday 03

- > 09h25 > 17h00 · Les Crosets
- > 16h00 > 20h00 · Village square, Morgins

Tuesday 04

- > 08h55 > 10h30 · Place du 6 août/Foilleuse summit
- → 15h30 → 21h00
- > 17h40 > 19h00 · Place du 6 août/Foilleuse summit Vertical Race (Senior starts, flower ceremonies)

Wednesday 05

> 16h00 > 20h00 · Village square, Morgins

Thursday 06 (Live TV from 14h - 15h)

- > 08h50 > 11h40 · Géant ski slope Morgins
- > 13h00 > 15h00 · Géant ski slone Morgins
- > 15h00 > 17h30 · Géant ski slope Morgins
- > 16h00 > 20h00 · Village square, Morgins

Friday 07

- → 09h00 → 15h00 · Foilleuse summit
- → 16h00 → 20h00 · Village square, Morgins

Saturday 08

- > 10h00 > 15h00 · Champoussin/Morgins Team Race (Senior races, flower ceremonies)
- → 16h00 → 20h00 · Village square, Morgins Event Village (food & drink stands, entertainment, awards ceremony, \$\square\$ closing ceremony, concert)

Find all the details and the full program at rddmworldcup.ch

OI SATURDAY

DAHU TROPHY

Hit the slopes for a good cause! All proceeds from this convivial race will be donated to Harry's Ride for Research, an association dedicated to raising funds for glioblastoma research. All participants will take home a small participation prize, and the winner will walk, or ski, away with a brand-new pair of Rossignol skis!

Les Crosets · 09h00 > 14h00

Single price (3+ yrs): 10.-

More information & online registration at tropheedudahu.ch Registration open until February 25th 2025

SKATING & TUNES

Get your groove on at the coolest dance floor in town! Join us for a sparkling, spectacular ice disco party, where guests of all ages can boogie with their besties!

Palladium Champéry · 15h00 > 18h00

Adult: 7.- | Child: 5.-Skate rental: 5.-

VERNISSAGE I «WOMEN IN MOVEMENT» FANNY STEHLIN

Fanny Stehlin, an artist with Italian and Swiss Jura roots, pays tribute to the strength, beauty, and diversity of feminine expression.

Chalet de la Treille Troistorrents · 15h00 › 19h00

Free

CHILDREN'S CARNAVAL I DISCO

A groovy parade to the beat of the Fanfare Express, a confetti battle, face painting, and a shared afternoon snack... This disco-themed Carnival promises a dazzling day of fun for the kids!

Village high street Champéry · 16h00 > 18h00

Free (refreshments available for purchase on site)

Parade starts at 16h in front of the Hotel Beau-Séiour & Spa

ICE DISCO

Get your groove on at the coolest dance floor in town! Join us for a sparkling, spectacular ice disco party, where guests of all ages can boogie with their besties!

Morgins sports centre · 17h00 > 20h00

Entry: 3.- | Entry + skate rental: 5.-

01 - 09.03 · Fun Park Champéry

Palladium · 10h30 › 12h00 & 15h00 › 18h00 (01.03: afternoon only 15h00 › 18h00)

The Fun Park's giant bouncy castles and games will keep your little ones busy during the holidays! Free (3-12 yrs must be accompanied by an adult).

SOUL TRAIN PARADE - DISCO

Hop on board for a groovy ride through Champéry! This evening, our much-loved little train will be serving up funky tunes, hot drinks and good vibes.

Village high street Champéry · 18h00 › 19h00

Free

CHAMPOUSSIN CARNAVAL

Join us for a festive wine tasting with delicious wines from the Kuonen winery, and don't forget your fancy dress for Carnaval! The best costumes will win prizes.

L'Antre d'Eux Champoussin · from 18h30

Free (refreshments available for purchase on site) Wine tasting (2 reds + 2 whites): 10.-

More information at lantredeux ch

CARNABOUM

Blow off the February doldrums with this one-of-a-kind, madcap festival, bursting with energy and plenty of good vibes! Each day, a new Grandeur-themed twist keeps the festivities fresh and exciting.

Multipurpose hall Val-d'Illiez · from 21h00

Free (refreshments available for purchase on site)

More information at carnaboum.ch

O2 SUNDAY

CARNABOUM

Blow off the February doldrums with this one-of-a-kind, madcap festival, bursting with energy and plenty of good vibes! Each day, a new Grandeur-themed twist keeps the festivities fresh and exciting.

Multipurpose hall Val-d'Illiez · from 17h30

Free (refreshments available for purchase on site)

More information at carnaboum.ch

O3 MONDAY

LIFE ON A FARM*

Lend a hand on a farm and enjoy a delicious homemade snack

La Rochette Farm Champéry · 16h30 › 18h00

Single price (4-15 yrs must be accompanied by an adult): 10.-Free for children under 4

O4 TUESDAY

CARNABOUM | CHILDREN'S CARNAVAL

Blow off the February doldrums with this one-of-a-kind, madcap festival, bursting with energy and plenty of good vibes! Our last day is reserved for Children's Carnival, featuring a confetti battle, face painting, a kids' disco, and the traditional Old Man Winter bonfire.

Multipurpose hall Val-d'Illiez · from 13h30

Free (refreshments available for purchase on site)

More information at carnaboum.ch

CHILDREN'S CARNAVAL I THE OLYMPIC GAMES

This year's Children's Carnival is going for gold! Get ready to race through an action-packed day featuring a costume contest, face painting, a confetti battle, and a snack worthy of a podium finish. Join us for a festive day where every child is a champion!

Morgins village square · 15h30 > 17h30

Free

LIFE ON A FARM*

Lend a hand on a farm and enjoy a delicious homemade snack.

La Rochette Farm Champéry · 16h30 › 18h00

Single price (4-15 yrs must be accompanied by an adult): 10.-Free for children under 4

NIGHTTIME SNOWSHOE HIKE LA CROIX DE L'AIGUILLE*

Along the route, your guide will engage and entertain you with a fun treasure hunt with riddles and observations on the surrounding environment.

Frâchette shelter Champoussin · 18h00 > 20h30

Adult (16 vrs): 20.-

Child (10-12 yrs must be accompanied by an adult): 15.-

Easv. 4km hike

O5 WEDNESDAY

SKI TOURING | DENT DE VALERETTE*

Today's ski touring outing will take you to the famous Dent de Valerette, one of Region Dents du Midi's most panoramic viewpoints. On the way, your guide will teach you some tips and tricks for good ski touring technique.

Val-d'Illiez village square · 09h00 › 16h00

Single price (14+ yrs): 80.-

LIFE ON A FARM*

Help milk the cows and feed the calves, scatter feed for the chickens and participate in the daily tasks of running a local farm. When you're done, you'll sit down to a well-earned, delicious homemade snack.

La Rochette Farm Champéry · 16h30 › 18h00

Single price (4-15 yrs must be accompanied by an adult): 10.-Free for children under 4



A MORNING WITH THE PONIES*

Young horse lovers will jump at the chance to spend the morning exploring nature and getting to know some new, furry friends.

Ranch Morgins · 10h00 > 11h00

Child (6-12 yrs must be accompanied by an adult): 35.-Free for accompanying adults

LIFE ON A FARM*

Lend a hand on a farm and enjoy a delicious homemade snack

La Rochette Farm Champéry · 16h30 › 18h00

Single price (4-15 yrs must be accompanied by an adult): 10.-Free for children under 4

DISCO KIDS

Adults aren't the only ones who like to après! From groovy music to non-alcoholic drinks, this kid-friendly disco party gives the next generation a chance to boogie with their besties.

La Crevasse Champéry · 17h30 › 19h00

Free (4+ yrs)

SAF Club Morgins · 17h30 › 19h30 Single price with a drink (4 yrs): 5.-

07-09.03 · PLANACH'FESTIVAL

This epic three-day festival featuring internationally acclaimed DJs will transform Champény's quaint village and surrounding ski slopes into the ultimate dance floor. Get ready to groove in your ski boots to the coolest disco, house, soul and afro-latin beats!

Champéry

More information & complete programme at regiondentsdumidi.c.

O7 FRIDAY

CERAMIC WORKSHOP*

Explore and expand your creativity with this meditative and enriching pottery throwing workshop.

Aya Yoga Expérience Morgins · 13h00 › 16h00

Adult: 40.-

Child (8-15 yrs must be accompanied by an adult): 20.-

ICE DISCO

Get your groove on at the coolest dance floor in town! Join us for a sparkling, spectacular ice disco party, where guests of all ages can boogie with their besties!

Palladium Champéry · 16h00 › 20h00

Entry + skate rental: 10.-

LIFE ON A FARM*

Help milk the cows and feed the calves, scatter feed for the chickens and participate in the daily tasks of running a local farm. When you're done, you'll sit down to a well-earned, delicious homemade snack.

La Rochette Farm Champéry · 16h30 › 18h00

Single price (4-15 yrs must be accompanied by an adult): 10.-Free for children under 4

NIGHTTIME RANDO CHALLENGE

Calling all ski touring mountain lovers who prefer their nightlife in the great outdoors! Tonight, we'll ski up the magnificent La Foilleuse route in the Morgins Rando Parc. Scan the QR codes to win some great prizes!

Rando Parc Morgins | Restaurant La Foilleuse 17h00 > 21h30

Free (depending on snow conditions)

08 SATURDAY

SNOWSHOES. SNOW YOGA & BRUNCH*

A ray of sunshine, snowflakes drifting in the frosty air... An alpine winter yoga session is an immersion in peace and serenity, and a good way to work up an appetite for a delicious brunch!

Troistorrents village square · 08h00 > 12h45

Single price (12-14 yrs must be accompanied by an adult): 50.— *Easy snowshoe hike, but a basic level of fitness is recommended.*

CARNAVAL AT THE STABLES

Don your most colorful costume to join the Carnaval fun! Hop on a pony or ride in a carriage for a village tour, and don't forget—the best costume will win a prize!

Centre Équestre Champéry · 14h00 › 16h00

Single price (4-10 vrs): 35.-

More information & registration at the Centre Équestre

SLEDGE RACE

Meet up at Gaby's Farm for a laugh-a-minute sledge race! You can join in the fun on an old-fashioned hay sledge or bring your own modern sledge—either way, you'll race down a prepared track from the farm to the Virage Restaurant. After the race, the merrymaking continues with a prize ceremony and a concert!

Registration in front of Gaby's Farm · from 15h30 Race start in front of Gaby's Farm · from 16h30 Prize ceremony and concert at L'Antre d'Eux · 18h30

More information at regiondentsdumidi.ch

ICE DISCO

Get your groove on at the coolest dance floor in town! Join us for a sparkling, spectacular ice disco party, where guests of all ages can boogie with their besties!

Morgins sports centre · 17h00 > 20h00

Entry: 3.- | Entry + skate rental : 5.-

01 - 09.03 · Fun Park Champéry

Palladium · 10h30 › 12h00 & 15h00 › 18h00 (01.03: afternoon only 15h00 › 18h00)

The Fun Park's giant bouncy castles and games will keep your little ones busy during the holidays! Free (3-12 yrs must be accompanied by an adult).

08 SATURDAY

VERNISSAGE | «THE SPIRITS OF THE MOUNTAINS» EKATERINA POLTORAK

Ekaterina Poltorak's art blends Russian folklore with local landscapes to explore the journey of adaptation and self-discovery in a new world, creating new cultural connections and immersing the viewer in a space where ancient myths meet modern realities.

Raiffeisen Gallery Champéry · 18h00

Free

LADIES FIRST! | CUITURE WORKSHOPS

Join us for a day-long cultural program showcasing female artists and artistry, featuring illustration and writing workshops, musical readings, cultural mediations, and a visit of the 'Women in Movement' exhibition.

Library & Chalet de la Treille Troistorrents

Free

Free workshops (with registration)

O9 SUNDAY

PHOTOGRAPHY WORKSHOP*

It would be hard to find a more photogenic spot to learn the tricks of the trade of landscape photography. In brilliant daylight or the dark of night, or with a spectacular sunset over the mountains, we will see just how different the same landscape can look in different light.

Morgins tourist office · 16h00 > 19h00

Single price (16 yrs): 30.-

10-31 MONDAY - FRIDAY

LIFE ON A FARM*

Help milk the cows and feed the calves, scatter feed for the chickens and participate in the daily tasks of running a local farm. When you're done, you'll sit down to a well-earned, delicious homemade snack.

La Rochette Farm Champéry · 16h30 › 18h00

Single price (4-15 yrs must be accompanied by an adult): 10.-Free for children under 4

11 TUESDAY

WAITERS' RACE ON PISTE

Race down an obstacle course on skis or snowboard, while balancing a tray stacked with filled glasses! Who's got the speed and steady hand to keep their order from spilling? Fabulous prizes and a trophy await the ultimate champion!

Géant ski slope Morgins · from 10h00

Fre

More information at clara-peyron@hotmail.fr

14, 21, 28 FRIDAY

NIGHTTIME RANDO CHALLENGE

Calling all ski touring mountain lovers who prefer their nightlife in the great outdoors! Tonight, we'll ski up the magnificent La Foilleuse route in the Morgins Rando Parc. Scan the QR codes to win some great prizes!

Rando Parc Morgins | Restaurant La Foilleuse 17h00 > 21h30

Free (depending on snow conditions)

15, 22, 29 SATURDAY

ICE DISCO

Get your groove on at the coolest dance floor in town! Join us for a sparkling, spectacular ice disco party, where guests of all ages can boogie with their besties!

Morgins sports centre · 17h00 > 20h00

Entry: 3.- | Entry + skate rental: 5.-

15-22.03 · ROCK THE PISTES FESTIVAL

Rock The Pistes, the high-altitude, open-air concert series that moves mountains, is back! This year, the unique festival will feature eight internationally renowned artists on pop-up stages all over the ski area, followed by après-ski OFF piste gigs by local Swiss artists in the resorts to keep the vibe alive long after the lifts have closed.

Full programme on pages 26-27



29 SATURDAY

BANKED SLALOM

Snowboarders unite! At this fun competition, pros and amateurs rub elbows on a track built by the Superpark shapers, featuring banked turns, gnarly drops, and some wicked natural obstacles.

Superpark Crosets · 08h30 › 22h00

More information, fees, & registration at bankedslalom.ch

VERNISSAGE | «CITIES, MOUNTAINS, US» MARTA LOVISOLO

Through her vibrant works of art, this Argentine-Italian artist addresses the idea of 'chance'—be it fortune. fate. or happenstance—inviting the viewer to use their own imagination to uncover hidden stories within her paintings.

Raiffeisen Gallery Champéry · 18h00

Free

30 SUNDAY

7F RI IIF DAY

Wrap up the winter season with Ze Snow School's Ze Blue Day! This is a fun-filled family-friendly day on the slopes, featuring a treasure hunt across the ski area and a family slalom race. The day ends with a prize ceremony and a raffle.

Champéry-Les Crosets ski area · 09h00 › 19h30

Free for members of Ze Snow School clubs Price per person (non-member): 10.-Price per family (non-member): 30.-

More information & registration at zesnowschool.ch

29-30.03 · SKI FOR HAITI

Champéry-Les Crosets ski area

2025 WINTER HIGHLIGHTS

January

- 20-24 Welsh Alpine Championships · Champéry | Les Crosets
- 24-26 Theatre « Toqué avant d'entrer » · Val-d'Illiez
- 25 En pistes avec le Nouvelliste · Morgins BliBlaBlo Nordix Trophy · Champéry
- 31.01 Theatre « Toqué avant d'entrer » · Val-d'Illiez

February

- 01 Theatre « Toqué avant d'entrer » · Val-d'Illiez
- 02 Tour Freestyle Romand · Les Crosets
- 06 Let's Talk... · Val-d'Illiez
- 08 Grand Prix Migros · Les Crosets FC Troistorrents 75th anniversary fundraising dinner Troistorrents Children's Theatre « Gazelle's Special Day» · Troistorrents
- 09 Migros Ski Day Les Crosets
- 15 En pistes avec le Nouvelliste · Les Crosets
- 16 Tethered Hot Air Balloon Flight · Les Crosets
- 20 Challenge M3S · Morgins
- 21 Enchanting Nighttime Ramble · Champoussin
- 22 Competition | The Wall Double Dare · Champéry Theatre | The Snack Box · Champéry
- 23 Tethered Hot Air Balloon Flight · Les Crosets
- 24 Children's Theatre « Smash Hit! » · Morgins
- 28 Carnahoum · Val-d'Illiez

Program subject to change. The full, updated events calendar is available on our website. and in local shops and tourist offices.



3// IN THE REGION

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08.02 UCI Snow Bike World Championships · Châtel

11.02 Farming Festival · Châtel

27.02-04.03 Carnaval · Monthey

04.03 Skiers' blessing · Châtel

09.03 5th annual Meurians Climb · Les Lindarets

29-30.03 Volcom Spot to Spot · Avoriaz

31.03 Avoriaz Comedy Club · Avoriaz

06.04 Champions' Race · Morzine

March

- 01 Children's Carnaval | Disco Champéry Carnaval · Champoussin Dahu Trophy · Les Crosets
- 01-02 Carnaboum · Val-d'Illiez
- 01-09 Fun Park · Champéry
- 02-08 Region Dents du Midi Skimo World Championships
- **04** Children's Carnaval I The Olympic Games · Morgins Carnaboum | Children's Carnaval · Val-d'Illiez
- 07-09 Planach'Festival · Champéry
 - 08 Sledge Race · Champoussin Ladies First! Culture workshops · Troistorrents
 - 11 Waiters' Race On Piste · Morgins
- 15-22 Rock The Pistes Festival · Portes du Soleil
 - 22 Écho de la Vallée brass band annual concert · Val-d'Illiez
- 29 Banked Slalom · Les Crosets L'Union Instrumentale brass band annual concert Troistorrents
- 29-30 Ski for Haiti 2025 · Les Crosets
- **30** Ze Blue Day · Champéry

April

- 07-12 Maxi-Rires Festival · Champéry
 - 11 L'Helvétienne brass band annual concert · Morgins
 - 12 La Caecilia men's choir annual concert · Troistorrents Adventure for Everyone Festival · Troistorrents
- 19-21 Easter egg hunt · Region Dents du Midi
- 26 Champéry Hockey Club centennial anniversary tournament · Champéry Images and music in concert - Aliose Looks the Other Way Troistorrents

13.12-01.03	Carlo Pellegrini				
	Galerie de la Tine - Troistorrents				

24.01-09.02 Cloé Liisa Schaller Raiffeisen Gallery · Champéry

14.02-02.03 Anne Dussaux Raiffeisen Gallery · Champéry

01-30.03 Fanny Stehlin

Chalet de la Treille - Troistorrents 07-23.03 Ekaterina Poltorak

Raiffeisen Gallery · Champéry

28.03-13.04 Marta Lovisolo Raiffeisen Gallery · Champéry



CONCERTS IN

Portes du Soleil ski area

CONCERTS OFF

Region Dents du Midi villages

March 15th

CHAMPÉRY > church square

Do It Myself (rock'n'dub) 18h30 **Bolidde** (pop rock) 19h45 **Arabella** (pop rock)

March 16th

MORZINE

> Mouilles chairlift

12h45 **DJ Loran** 13h30 Black M

CHAMPÉRY > church square

Do It Myself (rock'n'dub) Arvester (rock celtique) 19h45 Nucleons Project (rock'n'roll)

CHÂTEL

> Pierre Longue chairlift

St Graal 13h30 La Femme

MONTRIOND - LES LINDARETS > Ardent gondola

12h45 **DJ Loran** 13h30 MC Solaar

CHAMPÉRY > Croix-de-Culet

Bvioh (DJ set) Soul Koffi (DJ set) **Guts** (DJ set)

MONTRIOND - LES LINDARETS > Ardent gondola

12h45 **DJ Loran** 13h30 Royal Republic

MORGINS

> Place du 06 août

Atlas (DJ set)

Doom! Noo Yelbek (rock psyché)

Trip (rock psyché) 20h15 **Atlas** (DJ set)

March 21st

MORGINS > top of the gondola

Pierre Hugues José

13h30 **Vald**

MORGINS > Place du 06 août

Atlas (DJ set) Sétay (rap) Sim's (rap)

18h45 Les Sales Gosses (rock cover)

Saturday, March 22nd MORGINS

> top of the gondola

Howlin' Jaws 13h30 The Inspector Cluzo

MORGINS

> Place du 06 août

Atlas (DJ set)

Worry Blast (hard rock) 18h

Merci Johnny (tribute Johnny Hallyday)

20h Atlas (DJ set)



Browse our brochures online!





#regiondentsdumidi

info@rddm.ch | regiondentsdumidi.ch

REGION DENTS DU MIDI TOURIST OFFICES

CHAMPÉRY

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VIRTUAL INFORMATION POINT

VAL-D'ILLIEZ

AOMC train station 1873 Val-d'Illiez valdilliez@rddm.ch

CHAMPOUSSIN

Bar & Shop L'Antre D'Eux 1873 Champoussin valdilliez@rddm.ch













